

DOW MEDICAL COLLEGE
FIRST PROFESSIONAL YEAR MBBS- BATCH 2031
FOUNDATION-I MODULE (2026)
TIME TABLE: WEEK 2

Days	8:30- 9:30 AM	9:30 - 10:30 AM		11:00 - 12:30 PM		1:30 – 3:00 PM
MON 26/1	HISTOLOGY Cell Membrane and Cytoplasm DR MAHRUKH KAMRAN NLH-1	PHYSIOLOGY Cell Membrane (Composition and Function) DR SHAZIA NAZAR NLH-1	T E A B R E A K	1-A = BIOCHEMISTRY (Pract) Introduction to the use of Laboratory Facilities / Equipment DR TEHMINA BIOCHEM LAB 2-B1 = SKILL LAB First Aid SKILL LAB B2 = SELF STUDY 3-C = COMMUNITY MEDICINE (TUTORIAL) Doctor Patient relationship Truth telling DR LUBNA RAZA HALL-101 4-D+E+F = SELF STUDY	L U N C H B R E A K N A M A Z E Z O H A R	BIOCHEMISTRY Cell Membrane: Macromolecular organization in Composition DR SADIA AFZAL NLH-1
TUES 27/1	PHYSIOLOGY Transport Across The Cell Membrane – Passive Transport DR FAREEHA BUTT NLH-1	INTRODUCTION TO AI Importance of Data and AI in Healthcare MR HAMZA FAROOQ NLH-1		1. B = DR TEHMINA 2. C1 = SKILL LAB 3. D = DR VINOD 4. E+F+A = SELF STUDY		PHYSIOLOGY Transport across the cell membrane – Primary Active Transport DR ERUM AFAQ NLH-1
WED 28/1	PHYSIOLOGY Transport across the cell membrane – Secondary Active Transport DR ERUM AFAQ NLH-1	COMMUNITY MEDICINE Concepts of Health and Disease DR VINOD KUMAR NLH -1		1. C = DR TEHMINA 2. D1= SKILL LAB 3. E = DR ASHRAF JAHANGEER 4. F+A+B = SELF STUDY		BIOCHEMISTRY Water (Structure, dissociation) Buffer and pH DR AHSAN NLH-1
THU RS 29/1	PHYSIOLOGY Transport Across Cell Membrane Bulk Transport DR GHAZALA FARRUKH NLH-1	HISTOLOGY Cell Organelles (Endoplasmic Reticulum, Golgi Apparatus, Ribosomes, Centrioles, Mitochondrion, Lysosomes, Peroxisomes DR UZMA HAMEED NLH-1		1. D = DR TEHMINA 2. E1 = SKILL LAB 3. F = DR LUBNA RAZA 4. A+B+C = SELF STUDY		PHYSIOLOGY Physiological Role Of Cell Organelle DR ZURQA KHALID NLH-1
Fri 30/1	BIOCHEMISTRY Enzymes: Structure, classification and Functions DR BILAL NLH-1	HISTOLOGY Nucleus DR AISHA HASAN NLH-1		10:30 AM – 12:00 PM 1. E = DR TEHMINA 2. F1 = SKILL LAB 3. A = DR GATI ARA 4. B+C+D = SELF STUDY		
Sat 31/1	HISTOLOGY Cell Surface Modification (Microvilli, Cilia, Flagella) DR AMIR AHMED NLH-1	PHYSIOLOGY Locomotion of Cell DR SHAZIA NAZAR NLH-1		1. F = DR TEHMINA 2. A1 = SKILL LAB 3. B = DR MUSTAFA 4. C+D+E = SELF STUDY		SELF STUDY